

# BOOST

HEALTHY ENERGY SPRAY

mydaily  
choice



**Product Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure, or prevent any disease.**

# Why BOOST?

Vitamin B12 is a water-soluble vitamin that is part of the B vitamin family. Vitamin B12 is important to DNA synthesis and maintaining healthy nerve cells.

According to many health experts, this essential micronutrient affects the development and maintenance of red blood cells, nerve cells, and normal myelination (covering) of nerve cells. It also aids in the production of DNA and RNA, and the production of neurotransmitters.



Boost is a healthy energy spray filled with Vitamin B12, Natural Caffeine from Coffee Bean, and Green Tea Extract, to give you more energy utilizing the most effective delivery system on the planet. Whether you're an athlete looking for something to pick you up for a workout, or you are just tired in the morning, our Boost Energy Spray will give you the daily boost you need!



**Low Carbs.**



**Low Sugars.**



**All Natural.**

Supplement Facts	
Serving Size: 6 Sprays	Servings Per Container: 33
6 Sprays = 0.9 grams	33 Servings = 30.0 grams
Amount per serving %DV†	
Proprietary Blend .....	168.31 mg ***
Natural Caffeine, Green Tea (50%EGCG), Glucuronolactone, Resveratrol, Vitamin B12 (Methylcobalamin).	
† % Daily Value **Daily Value not established.	
Other Ingredients: Purified Water, Citric Acid, Malic Acid, Natural Flavor, Potassium Sorbate, Xylitol, Stevia Leaf.	

Directions: Use 6 sprays daily, directly into the mouth. Use as desired.

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Boost Spray will give you healthy energy on demand. Our high absorption delivery system is perfect for people sensitive to coffee and energy drinks. BOOST is healthy, convenient, and saves you time & money!

Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Manufactured Exclusively For  
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**Our proprietary blend gives you the highest grade of ingredients in the world to BOOST your energy levels while saving you time and money!**

# BOOST Ingredients

## Natural Caffeine From Coffee Bean



When it comes to finding a healthy energy product, MyDailyChoice has set itself apart with Boost. Millions of people today are consuming energy products that have synthetic caffeine produced inside of a lab. The caffeine in these products are absorbed quickly through the digestive system, which means quicker energy, but it also means a quicker crash.

Boost uses Natural Caffeine from coffee bean to give you quick energy, without the jitters or any crashing. According to many health experts and human trials, natural caffeine improves various aspects of brain function. This includes memory, mood, vigilance, energy levels, reaction times and general cognitive function.

## Vitamin B12



Vitamin B12 is the source of energy in your body. When the body is Vitamin B12 deficient, people report symptoms of fatigue.

By having a balanced supply of B12, you will have improved energy levels.

A deficiency in Vitamin B12 can result in many illnesses such as fatigue, weakness, unhealthy weight loss, high cholesterol, depression, and asthma.

### Why do you need Vitamin B12?

- B12 is needed to convert carbohydrates into glucose in the body. This leads to energy production which combats fatigue and lethargy in the body.
- B12 helps in healthy regulation of the nervous system and reduces depression.
- B12 helps maintain a healthy digestive system while protecting you against heart disease by improving unhealthy cholesterol levels, protecting against stroke, and high blood pressure.
- B12 is essential for healthy skin, hair, and nails. It helps in cell reproduction and constant renewal of the skin.
- B12 helps to protect against breast, colon, lung, and prostate cancer.